

April, 2018

We're on the web!

<http://www.edu.pe.ca/princestreet/>

60 Upper Prince Street
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UPCOMING EVENTS!

April 13
NO SCHOOL
School Goals Day

April 18
Easter Seal Ambassador
Tour

April 24
Home & School
Meeting-6:30 pm

April 27 & 30
Kindergarten EYE
Assessments

Dear Families: We have turned the corner to spring! With three months of school left, we are working hard to meet all the outcomes and are still focused on student achievement.

Spring

We have a very busy spring ahead with many different events coming up. Please keep a close eye on the backpacks as notices will be sent home to keep you updated.

Pancake Breakfast: The Pancake Breakfast held at Trinity United Church on March 17 was successful in raising funds for our Breakfast Program. Thanks to Trinity United Church for supporting our Breakfast Program and to all the people who attended the breakfast.



Home and School: The next Home and School Meeting will be held on April 24 starting at 6:30 pm. Childcare provided. More information will be sent out later.

Crosswalk Information: Parents are reminded that there is a crosswalk located in front of the school. In order for the students to cross the road safely, please do not park on or around the crosswalk. Thank you for your support and cooperation in keeping the Prince Street Elementary School children safe.



Kindergarten Registration for 2018-19 School Year: If you have not registered your child for Kindergarten it would be very much appreciated if you could do so as soon as possible. Please call the school (902-368-6950) or drop by the school office.

Easter Seals Ambassador: My name is Brayden White and I am a grade 7 student at Georgetown Elementary. I am very excited to be the Easter Seals Ambassador for 2018.

My motto: "BE BRAVE! NEVER GIVE UP!"

I live at home with my Dad, Melvin and I have a brother, Keighan and a sister, Alysa.

Georgetown Elementary is great. It is small and everyone knows me. I get to be with my best friends every day. Everyone is my best friend.

I have three teachers, George Trevor (he is my principal), Darlene Bradley and Carol Anne McLeod. They help me learn better every day. I am learning lots because of them.

I love to play sports. My favorite sport is hockey, but I like basketball and soccer too. I love to go to the horse races and my favorite driver is Marc Campbell.



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I am very good at helping my dad. I always put away my clothes and listen really well.

I have Down Syndrome. I know that I learn slower than most people, but I am smart and I learn the same as everyone. It just takes me longer. I am just like you. I am no different. My dad always says that someday I will be able to live on my own and have a job.

I like to go to camp. I went to camp for a couple years at Camp Gencheff. I had fun but missed my dad.

Thank you all for helping Easter Seals. It means that other kids like me can go to camp and that we can do special things. You are part of our family too.

There will be information note sent early next week to explain what activities we will do to raise funds for this cause.

Literacy Bits - Read Every Day: Children respond well to routine, and reading is something that you and your child can look forward to every day. By taking the time to read and to talk with your child, you are showing that this is important and fun to do. Try to read with your child as often as possible. It is the most important thing you can do to help him or her learn at school. It will also allow you to spend high-quality time together and to develop a strong and healthy relationship that is built on sharing of ideas.

Here are some ideas: Set aside a special time each day when you can give your full attention to reading with your child. Choose a comfortable spot to read, where you can be close to your child. Create a "reading area" there together. Choose many different books. If your child's first language is not English, choose books both in English and in your child's first language.

A strong basis in a child's first language makes it easier for him or her to learn a second or third language. Vary the length of reading time depending on your child's age, interests, and grade. For young children, shorter sessions may be better than one long session. Even after your child has learned how to read, keep reading to him or her. By reading stories that will interest your child but are above his or her reading level, you can stretch your child's understanding and keep alive the magic of sharing books together.

Community News: Home and School News - April 2018

1. Registration is open for the PEI Home and School Federation's 65th Annual General Meeting, April 14, 2018.

[Annual General Meetings Details](#) | [Register Online](#) | [Review the proposed Policy Resolutions](#)

Any parent, guardian, teacher, administrator or staff person at any PEIHSF member school is invited to the meeting with each member school appointing five (5) individuals to attend as voting delegates. Membership fees must be paid to allow voting privileges to voting delegates. Ensure that your Home & School is represented at the AGM. You are encouraged to pay registration fees, travel and accommodation expenses for your delegates to reduce barriers to attending. Call for more details: 620-3186 or 1-800-916-0664

2. Resolutions

Resolutions will be voted on at the Annual General Meeting, April 14th. Presidents received the complete text of resolutions by post to share/review with members.

[Review the proposed Policy Resolutions](#)

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Please discuss and vote on these resolutions at your next home and school meeting: **your voting delegates should reflect the opinions of the parents, guardians, teachers, administrators and staff in your school.**

3. Awards

School Crossing Guard of the Year Award: This award recognizes a school crossing guard on Prince Edward Island for their service in keeping our walking students safe.

Nominations deadline: April 27th. Details are online at: <http://peihsf.ca/awards>

School Bus Driver of the Year Award: This award recognizes school bus drivers on Prince Edward Island for their service in keeping our students safe as they travel to and from school each day.

Nominations deadline: May 11th Details are online at: <http://peihsf.ca/awards>

4. Welcome to Kindergarten Program

The Welcome to Kindergarten Program is designed to help prepare preschoolers for a positive start to their school journey. Parents and their children attend spring Welcome to Kindergarten orientation sessions at their schools, where they receive early learning and literacy resources and learn how to use them at home. Since 2004, more than 450,000 children and families in Canada have taken part in Welcome to Kindergarten orientations. Our Welcome to Kindergarten is May 24th at 4:00 pm.

5. Science Fair Winners of PEIHSF Specialty Prizes Congratulations

- Madelyn MacPherson & Enya Burnett, Summerside Intermediate, Gr. 7, Fishy, Fishy, Fishy, Fertilizer

- Elliott Shea, Alberton Elementary, Gr. 6, Effects of Smoking

Photos are posted at: <http://peihsf.ca/content/2018-pei-science-fair-home-school-prizes-awarded>

Other....

~ **National Volunteer Week:** Celebrate the value of volunteering April 15-21, 2018.

~ **Canadian Mental Health Association and Island First Aid Services** will be hosting a 2-day Mental Health First Aid – Adults who Interact with Youth Workshop on April 9 - 10, 2018, 14 Myrtle Street, Stratford, 8:30 a.m. - 5:00 p.m. The Mental Health First Aid Canada program aims to improve mental health literacy. Contact Les Wagner 436-7399 / 853-4180

~Creating Respectful Learning Environments for All Gender Identities and Sexualities:

Starting with the premise that every learner has the right to a respectful, welcoming and safe learning environment, this 15 minute presentation followed by a 30 minute Q&A will review evidence-based best practices for creating and maintaining inclusive learning environments for all students, without regard to sexual orientation and or gender identity or expression. Contact: Tom Hilton, Education Project Officer, PEI Human Rights Commission thilton@peihumanrights.ca p/ 902.368.4180 or 1.800.2375031 (PEI only).

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Healthy Eating Tips from the PEI Healthy Eating Alliance for April 2017:

Orange and Green Vegetables

Eating Well with Canada's Food Guide recommends eating at least one dark green and one orange vegetables each day. Vegetables are an excellent source of many nutrients. Dark green and orange vegetables are great sources of folate and vitamin A. Folate is a nutrient that has been linked to decreased risk of heart disease, cancer, and neural tube defects. Vitamin A can help with your eye sight, boost your immune system, and keeps your skin, bones, and teeth healthy. Eating a diet with adequate amounts of folate and vitamin A will contribute to your overall health

Examples of dark green vegetables

- Broccoli
 - Romaine lettuce
 - Spinach
 - Green peas
 - Asparagus
 - Brussel sprouts
-

✓ ***Orange colored fruit such as apricots, cantaloupe, mango, papayas are also important sources of caratenoids!***

Try this tasty recipe, sweet potatoes are a great source of vitamin A.

Sweet Potato Fries

- 1 lb. Sweet potatoes wash, peel and cut into wedges
- 2 tsp Vegetable oil
- 3 tsp Paprika
- 1/8 tsp Garlic powder
- Pinch of Black pepper

Place potatoes in a bowl. Add oil, paprika and garlic powder. Season to taste with pepper. Toss to coat. Transfer to baking sheet. Bake at 375 <F for 25 minutes or until tender and golden brown, turning once.

Source: Dietitians of Canada, Great Food Fast

Brought to you by the PEI Healthy Eating Alliance www.healthyeatingpei.ca

Student Name _____

Parent/Guardian Name _____