
February, 2018

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UPCOMING EVENTS!

February 12-16
Staff Appreciation
Week

February 16
PD Day (No School)

February 19
Islander Day (No
School)

February 27
Report Cards Go
Home

February 27
Home and School
Meeting – 6:30 pm

Dear Families: We are now officially half-way through the school year! Hard to believe! It has been a busy first half and we are looking forward to the next six months. And can you believe the weather? So cold and so much ice, but no snow!

Kindergarten Registration for 2018-19 School Year: If you have not registered your child for kindergarten it would be very much appreciated if you could do so as soon as possible. The E.Y.E. assessments will be scheduled in the near future and it is very important that we know the number of students starting school in September. Please call the school (902-368-6950) or drop by the school office.



Late French Immersion – Stonepark: The meeting for parents of Grade 6 students who plan to enroll their child in Grade 7 Late French Immersion in September, 2018, at Stonepark Intermediate, will be held in the school cafeteria on Tuesday, February 13th (Storm Date February 22nd) at 7:00 p.m.

Gymnastics Meet: A Gymnastics Meet will be held at St. Jean School on February 13. Pre-Novice will take place in the morning and Novice will perform in the afternoon. Storm date for the Meet is February 14.



Lockdown Practice: The Public Schools Branch and Prince Street Elementary School has a primary responsibility to ensure the safety of students and staff inside school buildings and while on school property. As a result, every school in the district has developed, and practices, a school lockdown procedure. A school lockdown is initiated should a high risk incident involving weapons, hazardous chemical spill, severe weather warning, student or other intruder, etc. occur in the schools or on school property. Lockdown might also be initiated if there are circumstances in the vicinity of the school that could endanger the safety of students and staff. Schools will work as part of a coordinated team with emergency responders such as the RCMP, local police, and fire departments to respond appropriately to the threat.

In order for all students and staff to become familiar with the expectations during a lockdown, our school will practice emergency lockdown procedures on a regular basis, as we do with fire drills. During these drills there will be signs posted on the entrances doors indicating that the school is in lockdown. The doors will be locked and no one will be permitted to enter or leave the school during these exercises. This is the same procedure that will be followed in a real situation.

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Teachers will have a conversation with their students about what a lockdown is, and the expectations during one. Staff will rehearse what to do in a classroom should a lockdown occur. **On Thursday, February 15, a full practice lockdown will be initiated.**

Thank you for your understanding in this matter. If you have any questions or concerns, please feel free to contact me at 902-368-6950.

February 16 & 19: There is no school on February 16 – PD Day. There is also no school on February 19 due to the provincial holiday “Islander Day.”

Home and School: The next Home and School Meeting will take place on February 27. Our Home and School will be celebrating Staff Appreciation Week from February 12-16. More information will be sent out at a later date.

Late French Immersion – Birchwood: The meeting for parents of Grade 6 students who plan to enroll their child in Grade 7 Late French Immersion in September, 2018, at Birchwood Intermediate will take place On February 27 (Storm Date March 1) starting at 7:00 pm.

Safe Arrival: Parents need to call the Safe Arrival line (902-368-6944) before 9:00 a.m. if your child is going to be late or absent. Please leave a brief message so the appropriate code can be marked in attendance. A phone call home will be made if we do not receive a call.

Head Lice: Parents are reminded to make head checks for lice and nits. We are asking that you do this on a regular basis to assist us in keeping our school lice free. In the event that you discover nits or lice please call the school.

Report Cards and Parent Teacher Interviews: Report Cards will be going home on February 27 and Parent Teacher Interviews will take place on Thursday evening, March 1 and all day on March 2.

Home and School Federation News: **2018 Teacher/Staff Appreciation Week** Teacher-Staff Appreciation Week will be celebrated February 12 - 16, 2018. Home and schools are encouraged to find ways of saying thank you to all staff members for the contributions they make to the lives of our children during this week.

President's Reports

Presidents of Home and School Associations are asked to submit a one page annual report outlining your local Home and School Association's activities for the 2017-2018 school year.



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These reports are inserted into the Annual Book of Reports. If you have questions and/or need assistance, contact the Federation office at: 620-3186 / 1-800-916-0664. Please send your report to us at: peihsf@edu.pe.ca by February 28, 2018.

Save the date for Annual Meeting & Convention

The P.E.I. Home and School Federation will hold its **65th Annual Meeting & Convention on Saturday, April 14, 2018.** All Home and Schoolers are invited to attend with each association asked to designate five attendees as your school's voting delegates. You are encouraged to include teachers, administrators and staff as delegates.

Literacy Bites: Make Reading and Writing Fun

Reading aloud to your child is the best way to get him or her interested in reading. Not only is it fun for the whole family, but it will also help your child to learn what reading is about. Encourage your child to write also.

Here are some things you can do to help make reading and writing fun for your child. Read all kinds of materials – stories, poems, informational books, magazines, newspaper articles, and comics. Read stories aloud with drama and excitement! Use different voices for different characters in the story. Use your child's name instead of a character's name. Make puppets and use them to act out the story.

Re-read your child's favorite stories as many times as your child wants to hear them, and choose books and authors that your child enjoys. Read stories that have repetitive parts, and encourage your child to join in. Discuss the themes of a story, and ask questions about the characters. Ask questions that make your child think about what might happen next or what he or she might do in the same situation. Discuss the ideas in an informational piece, such as a newspaper article. Encourage your child to write lists and to write cards or send e-mail messages to friends and relatives.



PEI Healthy Eating Alliance: Role Modeling - Children's eating patterns are influenced by the eating patterns of those around them, especially by their parents. If healthy eating patterns are adopted early in life, these habits will follow along for years to come. Here are some tips parents or guardians can follow to help encourage healthy eating habits for their kids!

- Make sure to incorporate at least three meals a day. If you have a structured pattern of eating, your child is more likely to as well!
- Don't take too much! Take all that you think you can eat and if you are still hungry, you can help yourself to seconds. This will influence your child to eat more appropriate servings of food.
- Eat a variety of foods. Trying new foods is important, but remember not to force them upon your child.
- Encourage your child to decide when they have had enough to eat. This will allow them the ability to eat when they're hungry and not just for something to do.

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- Incorporate your child in the meal planning process; they are more likely to eat a healthy food if they have helped to pick it out.
- Choose vegetables and fruit for snacks instead of high sugar packaged foods. If the healthy options are available and accessible, your child will be more likely to enjoy them.

Potatoes are high in potassium and vitamin C and are fat-free and are a good source of fibre and vitamin B6. This easy recipe is a fun way for kids to help in the cooking process.

Tater Boats

- 1 medium baked potato
- 1/8 cup grated cheddar cheese
- 2 Tbsp milk
- 2 Tbsp margarine
- extra grated cheddar cheese, carrot sticks, red or yellow pepper
- salt and pepper to taste
- 1 Tsp olive oil for baking



Preheat oven to 350F. Wash potato and poke with a fork 6-12 times to allow steam to escape during baking. Place a baking sheet in the oven a rack below potato to catch any drippings. Lightly coat potato in oil and place in oven for approximately an hour, depending on its size.

Once cooked, cut potato in half lengthwise and scoop the insides into a bowl. Mash together the potato filling, cheese, milk, butter, salt and pepper, and scoop back into the potato skins. Warm for 2 minutes on high in the microwave. Decorate the halves with extra grated cheese and use carrot sticks for masts and the peppers for sails!

Student Name _____

Parent/Guardian Name _____

Please return this ballot to Mrs. MacKenzie for a prize draw!!